

Surgery Center

AFTER SURGERY

GOING HOME

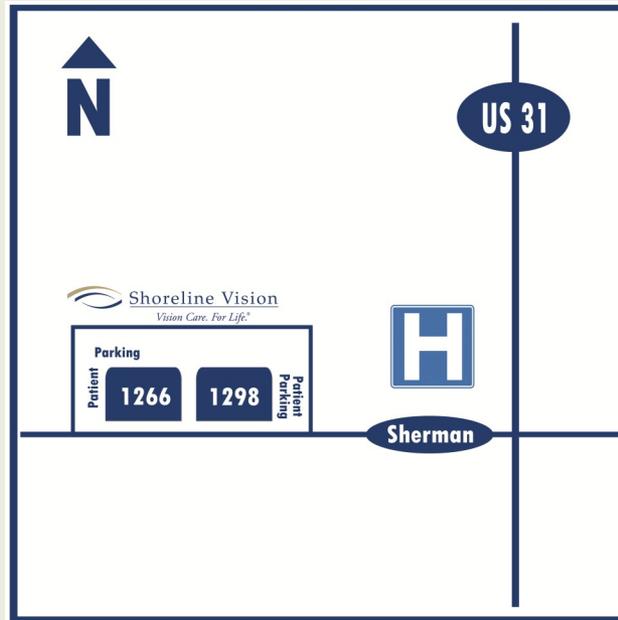
You will find that your stay at the Shoreline Vision Surgery Center will be much less time than a hospital stay. Once you have had your procedure and have met the criteria for discharge, you will be sent home under the care of a responsible adult to rest and recuperate.

- PLEASE FOLLOW YOUR POSTOPERATIVE INSTRUCTIONS CAREFULLY.
- It is important that you keep your postoperative appointment the next day.
- DO NOT DRIVE
- You must have a responsible adult escort you home and stay with you for 24 hours after surgery.

WHEN YOU GET HOME

You will complete your recovery at home. Patients often experience minor after effects following anesthesia, such as drowsiness, occasional dizziness, headaches or nausea. These side effects will diminish following surgery. Plan to take it easy for a few days until you feel back to normal.

If you experience any excessive or unusual discomfort after surgery or between follow up appointments please call the doctors office at 231.737.9009 and select option 2.



From US 31 North: Take Sherman Blvd. exit. Head west 2/10 of a mile to 1298 E. Sherman Blvd. Turn right into the parking lot.

From US 31 South: Take Sherman Blvd exit. Head west 3/10 of a mile to 1298 E. Sherman Blvd. Turn right into the parking lot.

From 1-96 East or West: Take US 31 north exit. Proceed to Sherman Blvd. Head west 3/10 of a mile to 1298 E. Sherman Blvd. Turn right into the parking lot.

Thank You

Our staff is honored to have the opportunity to participate in your health care. It is our desire to provide you superior care at the Shoreline Vision Surgery Center.



Every Person Every Lifestyle

Dear Patient

You are scheduled to have outpatient surgery at the Shoreline Vision Surgery Center. We understand that you may have some anxiety and concerns about undergoing surgery. That's normal. Our staff is trained and skilled to help you feel as comfortable as possible.

PREPARING FOR SURGERY

Nurse Assessment

A nurse will be calling to review your medical history and medications prior to surgery.

Before You Leave Home

- Shower or bathe the evening before or the morning of surgery.
- Dress in warm, comfortable, loose-fitting clothing.
- Remove all makeup, mascara, nail polish, perfume, cologne, and lotion.
- Leave all valuables, including watches, money, and credit cards at home.
- If you wear glasses, please bring a case.
- If you use hearing aids, please wear them.
- Remove all jewelry, including any body piercing.

Give Yourself Time to Arrive

Please arrive at your scheduled time. Our goal is to remain on schedule, but sometimes there are circumstances that we cannot anticipate. Check in at the front desk for admission. You may have paperwork to complete.

Things to Bring

- Your insurance cards
- Picture I.D. (i.e. drivers license)
- Any questions you may have

Transportation

- You must have an adult driver
- Your driver needs to plan to remain at the Surgery Center during your procedure
- Public transportation is acceptable if you have an adult companion to ride with you.
- You are not allowed to drive for 24 hours after surgery.

Eating

The evening before surgery, do not eat or drink after midnight. This includes no water, coffee, juice, chewing gum, mints, alcohol, or tobacco. This is very important for your safety. Your surgery may be cancelled if you have anything to eat or drink. You may brush your teeth, but do not swallow any water.

Surgery Center Hours

The surgical facility is open Monday through Friday from 6:30 am until 3:30 pm.

If you develop cold or flu symptoms, a sore throat or any other minor illness 1 - 2 days prior to surgery, or have any questions related to your surgery, please call:

JUST BEFORE SURGERY

Upon Admission

A nurse will assess you prior to surgery. An anesthetist will meet you in the pre-op area to discuss your anesthesia and answer any questions you may have.

You will have an I.V. (intravenous) inserted into your arm or hand to administer necessary medications and fluids during your surgery.

For your Family

While you are in surgery, your family or companion may wait in the waiting area. We ask that you do not bring children to the Surgery Center.

Please remember that Shoreline Vision is a smoke free environment. Smoking is prohibited.

Cell phone usage is prohibited in all surgical areas and may only be used in the waiting area so long as its usage does not disturb other patients or their families.

We are not responsible for your personal items. Please make arrangements for a family member or companion to hold them during surgery.

**Surgery Scheduling at
231.737.4750**